

La Cavalcata Sarda



Con tutte le notizie negative legate al Covid-19 in tutto il mondo, dedichiamo la prima edizione di questo notiziario del 2022 con qualcosa di gioioso: la Cavalcata Sarda, conosciuta anche come la Festa della bellezza.

La Cavalcata Sarda è un'antica manifestazione culturale e folkloristica che si svolge a Sassari, solitamente la penultima domenica di maggio, che consiste nella sfilata a cavallo, a piedi e sulle *traccas* (i caratteristici carri addobbati con fiori e oggetti della quotidianità), di costumi tradizionali sardi da gruppi provenienti da ogni parte della Sardegna. I partecipanti indossano il costume caratteristico del luogo di provenienza, spesso arricchito da curatissimi ricami e gioielli in filigrana.

La manifestazione prosegue in pomeriggio nell'ippodromo cittadino dove cavalli e cavalieri si esibiscono in ardite pariglie e figure acrobatiche, per terminare in serata nella Piazza d'Italia con i canti e i balli tradizionali sardi, sulle note di *launeddas* e *fisarmoniche*, che si protraggono per buona parte della notte.

Secondo lo scrittore Enrico Costa la prima edizione della Cavalcata risale al 1711, quando il Consiglio comunale di Sassari, sul finire della dominazione spagnola, deliberò di 'far cavalcata' in omaggio al re Filippo

V di Spagna. Alla manifestazione partecipò tutta la nobiltà sassarese, orgogliosa di mettere in mostra i propri costumi.

La manifestazione che possiamo ammirare oggi nasce invece nel 1899 in occasione della visita dell'allora re d'Italia Umberto I e della regina Margherita di Savoia, giunti in città per l'inaugurazione del monumento a Vittorio Emanuele II che Giuseppe Sartorio aveva innalzato nella piazza d'Italia. Di fatto fu un tributo al re da parte di tutto il popolo sardo, cosa non condivisa da tutti, essendo Sassari una delle prime roccaforti anti-monarchiche d'Italia.

Dal 1951, Oreste Pieroni, sindaco di Sassari, fece rinascere la manifestazione, che da allora è diventato un appuntamento annuale della città di Sassari. All'occasione, alla sfilata, si aggiungono numerosi venditori di prodotti tipici e si svolge uno spettacolo di pariglie che si tiene nell'ippodromo comunale.

Nel 1982 se ne organizzarono addirittura due, una delle quali in onore di Sandro Pertini, l'allora presidente della Repubblica italiana.

La Cavalcata è una delle tre principali feste della Sardegna in cui si riuniscono i gruppi folkloristici di tutta l'isola con la differenza, rispetto alle altre due - la Sagra del Redentore a Nuoro e la Festa di sant'Efisio a Cagliari, è l'unica ad avere un carattere laico.

Paolo Lostia

(Ref. in part Wikipedia - https://it.wikipedia.org/wiki/Cavalcata_sarda)





We are back

Dear Readers,

All at the SCA hope that you enjoyed the Festive Season, coping with the ever changing Covid-19 situation.

You would have noted from the 12/21 Newsletter, which due to a mailing error some of you may not have received, that its Founder and Editor, Angelo Ledda, has resigned from the Committee of the SCA after many years of well documented and dedicated service.

We are pleased to confirm that we have appointed a new Editing Team, which we are pleased to advise that Angelo, has generously agreed to continue to help, even if in a reduced capacity.

You would have noted from this

Newsletter that we have also made some small changes to the image of the Newsletter, whilst maintaining the popular “feel” of what is the *voice* of the SCA, and which enters its 17th year of publication.

In view of the above, it’s only appropriate to close off with the above cartoon joyfully indicating: “We are back!”

**The new Editing Team –
Paolo Lostia & Ylenia Useli**



Vale



Albino Cavallo, was born in Roccadaspide, Campania on 3 April 1931, the fourth of eight children, sadly passed away on 5 December 2021.

He arrived in Australia in 1955 with his brother Arturo to join his sister Lucia and her husband Antonio and worked on their farm near Colac in Victoria for a few months.

Not long after his arrival, he went to a party in Campbellfield in outer Melbourne with a friend and by chance met a young lady, Maria, she was to become his wife. They were married on 5 September 1959 and have three children.

Albino and Maria were regulars at functions and events held by the SCA and Albino was easy to recognize by his ready smile. Albino was a hard worker and tried his hand at many jobs to provide for his family.

Albino and Maria were long time Members of the SCA and while he never served on the committee he was a great contributor. Albino is survived by his wife Maria, their three children, Robert, Gino, Liliana, 8 grandchildren and one great granddaughter.

The SCA extends their sincere condolences to Maria and family.

34th Annual General Meeting of the SCA



From left: Pina & Fausto Zanda, Paul & Luisa Lostia.

The Annual General Meeting of the SCA was held on Sunday 20 February 2022 in the Training Room at the Assisi Centre.

Among those present were the Consultore, Fausto Zanda and his wife Pina.

In his Report, President, Paul Lostia highlighted some of the activities of the SCA during the difficult times of Covid restrictions, the Sa Die De Sa Sardigna Lunch and the End of Year

lunch for Member were very successful. He also gave an update on the Hospitality Industry Project which is progressing well.

He then thanked the committee and those outside the committee that helped during the year. The Treasurer confirmed that the SCA is in a sound financial position.

The President, on behalf of the committee, moved a motion to ‘Discontinue the SCA’s statutory relationship with the RAS as at 31 December 2022 and to continue as a social club and trustee of the Student Exchange Trust’. The motion was passed unanimously.

In his presentation, Faust Zanda, highlighted the increased difficulties in dealing with the RAS and that many Associations we closing down.



From the president...

Hi to all readers of this Newsletter, in the hope that you are well, or at least coping with your ailments, and have enjoyed a safe Festive Season.

It's great to have Sa Oghe back in its four page format with a fresh look, whilst retaining the newsletter's original theme. It is 16 years since the first edition was published in September 2006. As part of the new Editorial Team (see page1), I am sure with the help of Ylenia we will retain the high quality of this publication, which is truly the voice of the SCA.

The only downside is that you will need to continue to put up with me and this regular column. For those that read my column you would have noticed that apart from in-house SCA matters, from time to time I have and will continue to comment on various community, social, humanitarian issues making news.

In this regard rest assured that my comments are always made firstly because I strongly believe that as President of such a widely well respected Association, within and outside the Italian community, the SCA should have a voice on such issues.

Secondly, I assure you that my comments are not intended to influence you as to who you should vote for, what religion you should follow or other. They are purely and solely made from a social conscience perspective and the importance of mutual respect. Whether you agree or disagree with me, whilst making interesting conversation, it doesn't matter as my commentary is in line with what the SCA stands for, apart from being proud of its Sardinian origins, as outlined in the **About Us** page on our website.

These days we often talk and hear about the right to 'free speech', some believing that this is so even when abusing people in person or ever more frequently via social media. As an old timer who believes in the word respect, and is certainly not engaged with social media, I definitely believe in non offensive 'free speech', irrespective of what the view may be. Therefore, in line with this, I also believe in what was said many years ago by French writer and Philosopher, Voltaire, that is "*I disapprove with what you say, but I will defend to the death your right to say it!*"

I thank all those who came to our most enjoyable 2021 end of year lunch and 2022 AGM. As your President since 1997 it was most appreciated to see the Members support the Committee's difficult recommendations which were presented regarding the future of the SCA. Finally I hope you are able to attend the Sa Die De Sa Sardigna lunch on 24 April.

In closing, as my first contemplation for 2022, I quote the relatively unknown, Robert Muller who was born in Belgium and was an international civil servant with the United Nations since its very early days. He served the United Nations for 40 years, rising to the rank of Assistant Secretary-General.

Muller was known to have wonderfully said: "*To forgive is the highest, most beautiful form of love. In return, you will receive untold peace and happiness*".

BONAS SALUDE

Paolo Lostia



La Sarda Home - new supporter of the SCA



Giuliana Manca

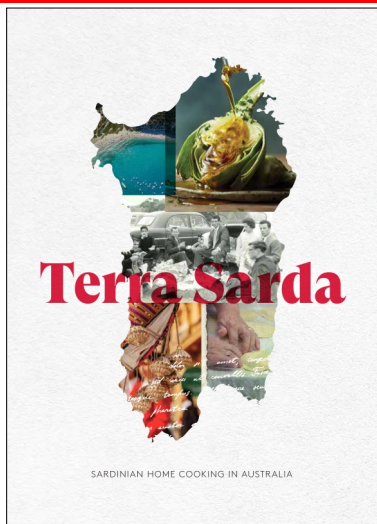
La Sarda Home is a celebration of the beautiful island of Sardinia, offering a range of quality products, inspired by its magical coastline and traditions.

Founder, Giuliana Manca, was raised in the heritage of her Sardinian father who instilled in her a passion for the island. Giuliana made the decision to open La Sarda Home inspired by the craftsmanship within the Sardinian homes and strong belief that Australians desired ethically sourced products designed to last a lifetime.

When you purchase from La Sarda Home you can be assured that its products are created on the island of Sardinia with unique craftsmanship that has been passed down through generations.

The SCA thanks Giuliana and we are pleased to have commenced this partnership.



SARDINIAN COOKBOOK & SARDINIAN IMMIGRATION IN AUSTRALIA**SPECIAL 2022 OFFER — 2 BOOKS FOR THE PRICE OF ONE!!!!**

In light of all the well reported continuing impact of the Covid-19 Pandemic, we present to you an opportunity to purchase two books for the price of one as a limited offer. The books will make a great gift for a loved one of any nationality, for you or others.

The limited offer includes the following two books:

Book 1- Terra Sarda

Sardinian Home Cooking in Australia (in English).

This book not only provides a thorough overview of Sardinian cuisine

but its history and of course its dishes with 50 original recipes. Favourites include: malloreddus, culurgiones, suckling pig on a spit, baby goat, seadas and pabassini.

Australia's most famous Sardinian chefs and champions of its cuisine, Stefano Rassu of Sardo Sorrento in Victoria, Pietro Porcu of Da Noi in Melbourne and Giovanni Pilu of Pilu at Freshwater in Sydney, have also contributed to the book.

Book 2 – Sardi in Australia

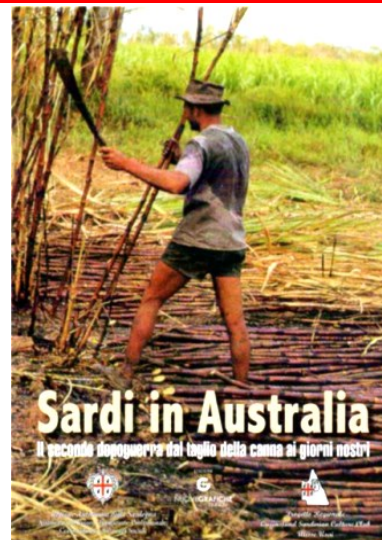
Dal Taglio Della Canna ai Giorni Nostri (in Italian).

Sardi in Australia aims to raise awareness of one of the most fascinating and lesser known aspects of Sardinian emigration to Australia.

A rather complex and fascinating topic, as indeed is the whole history of Sardinian emigration worldwide.

Since the late 1940s, when other continents began to close their doors to foreigners, Australia became the new destination for Italian emigration, in particular for Sardinians.

The book accurately recounts testimonies, dates, events and stories of



men and women's achievements and sacrifices as they sought a better future in a country so far away.

- Cost \$40 + \$5 handling & postage in Australia and \$10 for postage Overseas

This special offer can be taken up by contacting the SCA via Email - sardi.melbourne@bigpond.com phone - (03) 9458 2614 or Online via—

sardimelb.bigcartel.com

We look forward to you taking advantage of this generous offer!

 The logo for 'Twelve Bottles' features a row of twelve wine bottles of various shapes and sizes. The text 'TWELVE Bottles' is written in a bold, white font.

11 Goodyear Drive Thomastown 3051
Telephone: 1300 232 844
www.twelvebottles.com.au

Supporter of the Sardinian Cultural Association

 The logo for 'Sardo Sorrento' features the word 'SARDO' in a large, bold, black font, with 'SORRENTO' in a smaller font below it.

26 Ocean Beach Road
Sorrento Victoria 3943
Telephone: 5984 0811

Supporter of the Sardinian Cultural Association

 The logo for 'La Sarda Home' features the words 'La Sarda' in a large, elegant, cursive font, with 'HOME' in a smaller, bold, sans-serif font below it.

Telephone: 0429 980 656
Email: hello@lasardahome.com
www: lasardahome.com

Supporter of the Sardinian Cultural Association

SARDINIAN CULTURAL ASSOCIATION
(Vic) Inc. Reg. No. AOO 14186M - ABN: 95 061 699 328
PO Box 136 Heidelberg Vic 3084 Australia
Tel: 61 3 9458 2614 - Fax: 61 3 9431 3235
Email: sardi.melbourne@bigpond.com
www.sardi-melbourne.com
Editing Team: Paolo Lostia & Ylenia Useli
NEXT GENERATION
Email: next.generation@optusnet.com.au
Facebook: @Sardinian Cultural Association
Twitter: @SardCultAssoc

 The logo for 'NOMIT' features the word 'NOMIT' in a large, bold, black font, with 'ITALIAN NETWORK OF MELBOURNE' in a smaller font around it.

1/509 St. Kilda Road Melbourne Vic 3004
Ph: 0481983 702 - www.nomit.com.au
Welcome Desk Community Partner

 The logo for 'Enoteca Sileno' features a stylized 'ES' monogram in a large, elegant font, with 'ENOTECA SILENO' and 'GASTRONOMIA DAL 1953' in a smaller font below it.

920 Lygon Street North Carlton
Telephone: 9389 7000

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